



Dementia Perspectives CAREGIVER CONFERENCE

February 17, 2018

8:00 - 9:00 AM - Registration



The first 50 to arrive will receive
*Color Your Mind: A Coloring Book for Those with Alzheimer's
and the People Who Love Them* by Maria Shriver

Spring Hill Presbyterian Church
10 Westminster Way, Mobile AL
251.342.1550

9:00 AM - Introduction

9:15 - 10:15 -

Dr. Daniel Potts: Alzheimer's
and Other Dementias: What
to Expect When You're
Expecting

This talk
covers the
basics of
the most
common
types of
dementia,
the difference between
normal cognitive aging, mild
cognitive impairment and
dementia, and ways to
bolster personhood and
maintain relationships after
the diagnosis through the
expressive arts. Additionally,
the art and story of Lester E.
Potts, Jr., an artist with
Alzheimer's will be
highlighted.



10:15 - 11:15 -
Brian LeBlanc - "Up Close
And Personal"

This presentation is from
the perspective of living with
a dementia diagnosis.

11:15 - 12:15 -
Ellen Potts: Care Giver Guilt
and the Decisions No One
Wants to Make

Caring for someone living
with dementia is a journey
filled with tough decisions
that no one is wants to make.
This talk will
be a guide
to
participants
in key points
to consider
as they face
these decisions.



12:15 - 1:15 - Lunch -

Dr. Potts 30 minute film,
"Do You Know Me Now?"

1:15 - 2:00 -
Don Wendorf - Expressive
Arts for Dementia Caregivers

A retired psychologist and
licensed marriage & family
therapist, he became the full-
time caregiver for his stroke-
disabled wife.
He now writes
songs and
poetry to help
other
caregivers
deal with their
feelings.



2:00 - 3:00 -

Lynda Everman "The Voice:
Advocating for Our Loved
Ones"

Drawing
upon her
personal
experience
as a
caregiver for
her late father and husband
and founding member of
three national networks,
Lynda will discuss how
caregivers can effectively
advocate for our loved ones
and how this experience can
transition to advocating for
much needed change to
advance the goals of better
care, prevention, and cure on
a national level.



**FREE. Register at
eventbrite.com for
Caregiver Conference on
February 17**

